How to treat your recently operated eye?

Wipe the lids of the operated eye twice a day with clean water and cotton wool pads for the first two weeks.

Use your ocular medication as instructed until the first visit. If you experience problems, please ask someone to instill eye drops.

During the first 2 weeks you should use the protective shield on the operated eye while sleeping. The shield or your own eyeglasses should also be used when outdoors.

You may take a shower and wash your hair normally, but the water or soap/shampoo should not enter the operated eye. You should not go to sauna or swimming during the first two postoperative weeks.

Physically demanding work or physical exercise is not allowed during the first two weeks.

There are no restrictions concerning hobbies (except physical exercise), watching TV, reading or sexual activities. Light or moderate alcohol consumption is not restricted.

Due to operation or need for changes in eye glasses your visual acuity may be transiently worse than before. In that case driving car is forbidden until you have had permission from your doctor.

You should wait until 1 to 3 months has elapsed from the operation before prescription for your eyeglasses can be checked up and this takes place in private ophthalmic practitioner’s offices. Use your previous eyeglasses until check-up. Watching without glasses is also acceptable, if you find it more satisfactory for your needs.

Please take the prescriptions for your medications and your previous eyeglasses with you for the control visit.

# Important notice!

If you start feeling progressive ocular pain or if your visual acuity worsens or the redness increases in the operated eye, please contact us Mon through Fri 6.00-12.00 tel. +358-8-315 3306 or other ophthalmologist near to you.

Take the prescriptions for your medications and your previous eyeglasses with you for the control visit.